**HON 3397J:**

**Extraordinary Leadership:**

**Ownership and Influence**

**Session Four: Shipping**

*Babe Ruth was not afraid to strike out. And it was this fearlessness that contributed to his remarkable career.*

**Simon Sinek**

**Abstract:**

One of the qualities that differentiates average individuals from extraordinary individuals is the ability to get things done. There is a mystical step between talking about an idea and shipping it out the door that prevents most people from action. This session will cover stories of leaders who have a bias toward action and will explore new methods of managing time, overcoming fear and turning ideas into reality.

**Objectives**

*By the end of this session, students will be able to:*

* Understand the incredible value of getting stuff done
* Begin executing ideas instead of talking about them
* Differentiate task preparation from procrastination
* Overcome the barriers to beginning a task

**AFTER PRE-READING:**

**A Message To Garcia**

***What were your takeaways from “A Message to Garcia”?***

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What made Rowan such a valuable individual?

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**What Would You Do If You Weren’t Afraid?**

**Here you will create a plan to accomplish a goal despite your fears.**

Living a “story-worthy” life means taking chances and working toward your goals and dreams regardless of your fears. Here, you will pick a project you would like to complete and create a plan to finish the project.

What is the project you would like to complete?

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When does the project need to be completed by?

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Who will help you?

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Why is it important to you?

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What do you bring to the table that in unique?

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What are you afraid of that has kept you from completing this project until now?

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Why does that scare you?

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Who is the target audience of this project?

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Whose assistance will you need to seek in accomplishing this project? Do you need to receive any sort of permission from anyone?

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Can anyone stop you from completing this project?

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What happens if you fail?

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Why are you afraid of these things?

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Now, list out all of the steps you will need to take to complete this project. Include details, deadlines, or anything else relevant to you accomplishing this goal.

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**IN CLASS WORK:**

**Core Tenet**

***You can do anything, but not everything.***

*~David Allen*

**Core Tenet**

***Tell me to what you pay attention and I will tell you who you are.***

*~* *Jose Ortega Y Gasset*

**Notes and Thoughts**

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